

YouGov - Healthcare professionals on addiction

Fieldwork Dates: 23rd - 31st October 2019

Total	Sector		In the NHS how would you describe your occupational group? Hover over each for more detail.										
	NHS (Public sector)	Private Sector	Allied Health Professionals / Healthcare Scientists / Scientific and	Medical and Dental	Ambulance	Public Health / Health Improvement	Commissioning managers / support staff	Registered Nurses and Midwives	Nursing or Healthcare Assistants	Social Care	Wider Healthcare Team (inc. admin & clerical. HR.	Other General Management	Other occupational group
	A	B	C	D	E	F	G	H	I	J	K	L	M

When it comes down to issues like addiction and obesity, do you believe the reasons why people find themselves in these situations tends to be down to personal choice (e.g. the behaviour could be different if the person was willing to change) or due to factors beyond an individual's control (e.g. the behaviour is dictated more by genetics, upbringing etc)?

Alcohol addiction

Unweighted base	1027	768	259	157	57	19	11	14	197	66	6	196	18	27
Base	1027	769	258	164	57	23	6	8	205	53	7	205	14	27
Entirely down to personal choice	16%	14%	20%	14%	7%	32%	45%	36%	11%	18%	-	15%	6%	22%
			A		*	**	**	**		*	**		**	**
More down to personal choice than factors beyond an individual's control	24%	25%	23%	22%	35%	26%	9%	7%	23%	17%	17%	31%	33%	7%
					I*	**	**	**		*	**	I	**	**
Equally personal choice and factors beyond an individual's control	39%	40%	35%	40%	39%	32%	18%	36%	47%	44%	83%	34%	28%	41%
					*	**	**	**	K	*	**		**	**
More down to factors beyond an individual's control than personal choice	17%	17%	18%	19%	18%	11%	18%	14%	17%	18%	-	15%	28%	19%
					*	**	**	**		*	**		**	**
Entirely down to factors beyond an individual's control	1%	1%	3%	1%	-	-	-	-	1%	-	-	1%	-	4%
			A		*	**	**	**		*	**		**	**
Don't know	3%	3%	2%	3%	2%	-	9%	7%	2%	3%	-	4%	6%	7%
					*	**	**	**		*	**		**	**

Drug addiction

Unweighted base	1027	768	259	157	57	19	11	14	197	66	6	196	18	27
Base	1027	769	258	164	57	23	6	8	205	53	7	205	14	27
Entirely down to personal choice	20%	18%	27%	15%	12%	32%	55%	36%	14%	20%	-	21%	6%	26%
			A		*	**	**	**		*	**		**	**
More down to personal choice than factors beyond an individual's control	23%	23%	21%	24%	25%	26%	-	7%	22%	21%	17%	25%	33%	11%
					*	**	**	**		*	**		**	**
Equally personal choice and factors beyond an individual's control	35%	36%	32%	36%	42%	21%	9%	43%	42%	33%	67%	31%	28%	44%
					*	**	**	**	K	*	**		**	**
More down to factors beyond an individual's control than personal choice	18%	18%	15%	19%	19%	21%	18%	7%	19%	17%	17%	18%	28%	7%
					*	**	**	**		*	**		**	**
Entirely down to factors beyond an individual's control	2%	1%	3%	1%	-	-	-	-	1%	6%	-	-	-	4%
			A		*	**	**	**		C.D.H.K*	**		**	**
Don't know	3%	4%	2%	4%	2%	-	18%	7%	2%	3%	-	5%	6%	7%
					*	**	**	**		*	**		**	**

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Fieldwork Dates: 23rd - 31st October 2019

Total	Organisation type 1							Role		Tenure in current organisation		
	NHS hospital	Private hospital/ clinic	GP surgery/ health centre	Mental health trust / service	Care home	Community services / Local Authority	Other	Patient facing	Non- Patient facing	Up to 5 years	5-15 years	More than 15 years
	N	O	P	Q	R	S	T	U	V	W	X	Y

When it comes down to issues like addiction and obesity, do you believe the reasons why people find themselves in these situations tends to be down to personal choice (e.g. the behaviour could be different if the person was willing to change) or due to factors beyond an individual's control (e.g. the behaviour is dictated more by genetics, upbringing etc)?

Alcohol addiction

Unweighted base	1027	463	50	88	68	63	110	185	858	169	386	321	319
Base	1027	461	50	88	69	63	111	186	856	171	385	321	320
Entirely down to personal choice	16%	14%	12% *	21% Q*	7% *	30% N.O.Q.S.T*	12%	18% Q	16%	15%	16%	15%	16%
More down to personal choice than factors beyond an individual's control	24%	23%	20% *	33% N.Q*	18% *	21% *	24%	30%	24%	27%	22%	25%	27%
Equally personal choice and factors beyond an individual's control	39%	40%	42% *	30% -	47% P*	33% *	45% P	34%	40%	35%	39%	37%	39%
More down to factors beyond an individual's control than personal choice	17%	18%	22% *	14% *	28% P.R.T*	10% *	16%	14%	17%	19%	19%	16%	16%
Entirely down to factors beyond an individual's control	1%	1%	4% *	1% *	- *	6% N.Q.S.T*	1%	1%	2%	-	2%	2%	1%
Don't know	3%	4%	- *	1% *	- *	- *	3%	3%	2%	5%	3%	4% Y	1%

Drug addiction

Unweighted base	1027	463	50	88	68	63	110	185	858	169	386	321	319
Base	1027	461	50	88	69	63	111	186	856	171	385	321	320
Entirely down to personal choice	20%	18%	20% *	29% N.Q.S*	9% *	32% N.Q.S*	14%	25% Q.S	20%	21%	19%	19%	22%
More down to personal choice than factors beyond an individual's control	23%	22%	18% Q	22% *	10% *	21% *	28% Q	27% Q	22%	24%	22%	22%	24%
Equally personal choice and factors beyond an individual's control	35%	36%	40% *	33% *	49% N.R.T*	27% *	38%	29%	36%	30%	35%	35%	35%
More down to factors beyond an individual's control than personal choice	18%	19%	18% *	12% *	32% N.P.R.S.T*	14% *	14%	14%	17%	19%	18%	17%	17%
Entirely down to factors beyond an individual's control	2%	1%	4% N*	2% *	- *	6% N.Q*	2%	2%	2%	1%	1%	2%	1%
Don't know	3%	4%	- *	1% *	- *	- *	4%	3%	3%	5%	3%	4% Y	1%

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Fieldwork Dates: 23rd - 31st October 2019

Total	Gender		Region								Age			
	Male	Female	North	Midlands	East	London	South	Wales	Scotland	Northern Ireland	18 to 34	35 to 44	45 to 54	55 +
	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM

When it comes down to issues like addiction and obesity, do you believe the reasons why people find themselves in these situations tends to be down to personal choice (e.g. the behaviour could be different if the person was willing to change) or due to factors beyond an individual's control (e.g. the behaviour is dictated more by genetics, upbringing etc)?

Alcohol addiction

Unweighted base	1027	309	718	275	157	77	70	257	48	121	22	165	194	299	369
Base	1027	309	718	277	156	76	71	256	48	121	22	165	195	296	370
Entirely down to personal choice	16%	20%	14%	13%	18%	20%	18%	16%	16%	13%	21%	11%	11%	17%	19%
		AA				*	*		*		**				AJ,AK
More down to personal choice than factors beyond an individual's control	24%	24%	25%	26%	24%	18%	25%	27%	23%	23%	19%	29%	25%	21%	25%
						*	*		*		**	AL			
Equally personal choice and factors beyond an individual's control	39%	32%	42%	40%	41%	40%	39%	34%	43%	40%	41%	37%	45%	41%	34%
		Z				*	*		*		**		AM		
More down to factors beyond an individual's control than personal choice	17%	20%	16%	16%	15%	18%	17%	19%	13%	18%	19%	17%	16%	18%	17%
						*	*		*		**				
Entirely down to factors beyond an individual's control	1%	1%	1%	1%	-	3%	-	2%	-	3%	-	1%	1%	1%	2%
						AC*	*		*	AC	**				
Don't know	3%	3%	3%	3%	2%	1%	1%	3%	4%	4%	-	5%	2%	2%	2%
						*	*		*		**				

Drug addiction

Unweighted base	1027	309	718	275	157	77	70	257	48	121	22	165	194	299	369
Base	1027	309	718	277	156	76	71	256	48	121	22	165	195	296	370
Entirely down to personal choice	20%	26%	17%	19%	21%	24%	18%	18%	27%	20%	28%	13%	14%	21%	25%
		AA				*	*		*		**			AJ	AJ,AK
More down to personal choice than factors beyond an individual's control	23%	21%	23%	23%	25%	19%	20%	28%	21%	14%	9%	28%	24%	19%	23%
				AH	AH	*	*	AH	*		**	AL			
Equally personal choice and factors beyond an individual's control	35%	29%	38%	36%	36%	35%	40%	29%	33%	40%	42%	34%	43%	38%	29%
		Z				*	*		*	AF	**		AM	AM	
More down to factors beyond an individual's control than personal choice	18%	19%	17%	16%	14%	18%	19%	21%	15%	19%	18%	18%	14%	17%	19%
						*	*		*		**				
Entirely down to factors beyond an individual's control	2%	1%	2%	2%	1%	3%	1%	2%	-	3%	-	1%	1%	2%	2%
						*	*		*		**				
Don't know	3%	3%	3%	3%	3%	1%	1%	3%	4%	5%	3%	6%	3%	3%	2%
						*	*		*		**				

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Cigarette addiction

Unweighted base	1027	768	259	157	57	19	11	14	197	66	6	196	18	27
Base	1027	769	258	164	57	23	6	8	205	53	7	205	14	27
Entirely down to personal choice	31%	30%	35%	29%	16%	26%	55%	50%	29%	32%	-	34%	22%	41%
More down to personal choice than factors beyond an individual's control	30%	31%	26%	30%	40%	32%	18%	21%	30%	30%	50%	32%	39%	19%
Equally personal choice and factors beyond an individual's control	27%	28%	25%	25%	32%	32%	9%	21%	32%	29%	50%	24%	17%	26%
More down to factors beyond an individual's control than personal choice	8%	8%	10%	13%	11%	11%	-	-	6%	6%	-	6%	17%	7%
Entirely down to factors beyond an individual's control	1%	0%	3%	-	-	-	-	-	1%	-	-	-	-	-
Don't know	3%	3%	2%	4%	2%	-	18%	7%	1%	3%	-	4%	6%	7%

Obesity

Unweighted base	1027	768	259	157	57	19	11	14	197	66	6	196	18	27
Base	1027	769	258	164	57	23	6	8	205	53	7	205	14	27
Entirely down to personal choice	18%	17%	23%	15%	4%	26%	27%	29%	18%	26%	-	15%	17%	22%
More down to personal choice than factors beyond an individual's control	30%	32%	26%	32%	47%	16%	9%	36%	32%	29%	-	32%	39%	15%
Equally personal choice and factors beyond an individual's control	37%	38%	35%	36%	33%	47%	36%	21%	38%	33%	83%	40%	17%	41%
More down to factors beyond an individual's control than personal choice	11%	11%	12%	13%	14%	11%	9%	7%	10%	8%	17%	9%	22%	15%
Entirely down to factors beyond an individual's control	1%	1%	2%	1%	-	-	-	-	1%	2%	-	-	-	-
Don't know	3%	3%	2%	3%	2%	-	18%	7%	2%	3%	-	4%	6%	7%

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Entirely down to personal choice	31%	30%	26%	43%	19%	44%	31%	31%	32%	29%	31%	29%	33%
			*	N.Q.*	*	N.O.Q.T*							
More down to personal choice than factors beyond an individual's control	30%	29%	24%	23%	38%	22%	33%	34%	30%	31%	30%	28%	31%
			*	*	P.R*	*							
Equally personal choice and factors beyond an individual's control	27%	28%	32%	25%	35%	24%	25%	23%	27%	28%	26%	28%	27%
			*	*	*	*							
More down to factors beyond an individual's control than personal choice	8%	9%	12%	7%	7%	6%	8%	8%	8%	8%	9%	9%	6%
			*	*	*	*							
Entirely down to factors beyond an individual's control	1%	0%	6%	1%	-	3%	-	1%	1%	-	1%	2%	1%
			N.Q.S.T*	*	*	N*							
Don't know	3%	4%	-	1%	-	-	3%	3%	3%	3%	3%	3%	1%
			*	*	*	*							

Obesity

Unweighted base	1027	463	50	88	68	63	110	185	858	169	386	321	319
Base	1027	461	50	88	69	63	111	186	856	171	385	321	320
Entirely down to personal choice	18%	16%	22%	23%	13%	35%	18%	16%	19%	14%	18%	19%	17%
			*	*	*	N.Q.S.T*							
More down to personal choice than factors beyond an individual's control	30%	30%	28%	36%	33%	21%	32%	30%	30%	32%	31%	28%	32%
			*	R*	*	*							
Equally personal choice and factors beyond an individual's control	37%	37%	28%	33%	38%	33%	34%	43%	36%	40%	36%	36%	39%
			*	*	*	*							
More down to factors beyond an individual's control than personal choice	11%	12%	16%	8%	16%	8%	12%	8%	11%	11%	12%	12%	9%
			*	*	*	*							
Entirely down to factors beyond an individual's control	1%	0%	6%	-	-	2%	2%	1%	1%	-	1%	1%	1%
			N.P.Q.T*	*	*	*							
Don't know	3%	4%	-	1%	-	2%	2%	3%	3%	3%	3%	3%	2%
			*	*	*	*							

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Cigarette addiction

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Base	1027	309	718	277	156	76	71	256	48	121	22	165	195	296	370
Entirely down to personal choice	31%	35%	29%	28%	31%	31%	35%	30%	31%	36%	32%	27%	25%	31%	36%
						*	*		*		**				AJ,AK
More down to personal choice than factors beyond an individual's control	30%	27%	31%	33%	27%	28%	24%	32%	38%	26%	18%	36%	38%	25%	27%
						*	*		*		**	AL,AM	AL,AM		
Equally personal choice and factors beyond an individual's control	27%	25%	28%	28%	28%	29%	30%	25%	19%	27%	38%	25%	26%	31%	25%
						*	*		*		**				
More down to factors beyond an individual's control than personal choice	8%	10%	8%	8%	10%	6%	9%	9%	9%	7%	10%	9%	7%	8%	9%
						*	*		*		**				
Entirely down to factors beyond an individual's control	1%	1%	1%	-	1%	4%	-	1%	-	2%	-	-	1%	2%	1%
						AB*	*		*	AB	**				
Don't know	3%	2%	3%	3%	4%	1%	1%	3%	4%	3%	3%	4%	3%	3%	2%
						*	*		*		**				

Obesity

Unweighted base	1027	309	718	275	157	77	70	257	48	121	22	165	194	299	369
Base	1027	309	718	277	156	76	71	256	48	121	22	165	195	296	370
Entirely down to personal choice	18%	19%	18%	16%	18%	20%	23%	20%	20%	13%	32%	16%	14%	18%	21%
						*	*		*		**				
More down to personal choice than factors beyond an individual's control	30%	30%	30%	28%	29%	29%	24%	34%	26%	37%	13%	38%	32%	27%	28%
						*	*		*		**	AL,AM			
Equally personal choice and factors beyond an individual's control	37%	36%	37%	42%	39%	36%	37%	29%	42%	36%	43%	29%	43%	41%	34%
				AF	AF	*	*		*		**		AJ,AM	AJ	
More down to factors beyond an individual's control than personal choice	11%	11%	11%	11%	12%	9%	13%	13%	8%	9%	9%	12%	8%	10%	13%
						*	*		*		**				
Entirely down to factors beyond an individual's control	1%	1%	1%	0%	-	5%	1%	1%	-	1%	-	0%	1%	1%	1%
						AB,AC,AF*	*		*		**				
Don't know	3%	3%	3%	3%	2%	1%	1%	3%	4%	4%	3%	4%	3%	3%	2%
						*	*		*		**				